
What are the stroke warning signs?

You and your family should learn the warning signs of stroke today. If you or someone you're with has any of these signs, a stroke may be occurring:

- Sudden numbness or weakness of the face, arm or leg, especially on one side of the body
- Sudden confusion, trouble speaking or understanding
- Sudden trouble seeing in one or both eyes
- Sudden trouble walking, dizziness, loss of balance or coordination
- Sudden, severe headache with no known cause

Not all of these warning signs occur in every stroke. If one does, don't wait. Get help immediately. Stroke is a medical emergency — call 9-1-1.

What are the key points to remember?

- **Reduce** your chances of having a stroke by learning the risk factors and working with your doctor to help reduce your risk.
 - **Recognize** the warning signs of a stroke. Stroke is a medical emergency. Every second counts!
 - **Respond** by calling 9-1-1 immediately if you or someone close to you is having warning signs of stroke. Then check the time. When did the first symptom start? You'll be asked this important question later.
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